

Victorian Junior Lifesaving Championships – Day 1

Friday 08 March 2024

High tide: 2:23am – 1.07m | Low tide: 10:13am – 0.37m | High tide: 3:36pm – 0.43m | Low tide: 5:58pm – 0.40m

12:45pm Opening Ceremony

1:15-1:30pm warm-up / 1:30pm Marshalling / 1:45pm Start **(no warm-up/other activity to occur while ceremony in progress)**

U9	U10	U11	U12	U13
Beach Run	Beach Run	Beach Run	Beach Run	Beach Run
Beach Relay H-F	Beach Sprint H-F	Beach Flags H-F	Belt and Reel SF-F	Beach Sprint H-F
Beach Sprint H-F	Beach Relay H-F	Beach Sprint H-F	Beach Flags H-F	Beach Relay H-F
Beach Flags H-F	Beach Flags H-F	Beach Relay H-F	Beach Sprint H-F	Belt and Reel SF-F
			Beach Relay H-F	Beach Flags H-F

Please note:

- This is the planned events for each area, but it may change at any time and is dependent on area availability / conditions.
- Due to time constraints and weather conditions, events may be modified or cancelled at the Referees' discretion.
- Time limits on each race may be applied.
- All events will run from Heats to Finals except qualified events for Victorian Junior Lifesaving Championships which will run from Heats (SF) to Finals (F).
- All events will be held in accordance with the [SLSA Surf Sport Manual 37th Edition \(Revised February 2023\)](#) as well as any relevant SLSA Circulars plus the LSV Local Rules as described in the 2022 / 2023 Team Managers and Officials Handbook.

Victorian Junior Lifesaving Championships – Day 2

Saturday 09 March 2023

High tide: 2:23am – 1.07m | Low tide: 10:01am – 0.44m | High tide: 1:03pm – 0.52m | Low tide: 6:58pm – 0.33m

8:15-8:30am warm-up / 8:45am Marshalling / 9:00am Start

U9	U10	U11	U12	U13
Wade race H-SF	Wade race H-SF			
Surf Race H-SF	Surf Race H-SF	Surf Race H-SF	Surf Race H-SF	Surf Race H-SF
Board race H-SF	Board race H-SF	Board race H-SF	Board race H-SF	Board race H-SF
			Board rescue SF	Board rescue SF
Wade race F	Wade race F	Surf race F	Surf race F	Surf race F
Surf race F	Surf race F	Board race F	Board race F	Board race F
Board race F	Board race F	Iron SF-F	Iron SF-F	Iron SF-F

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Victorian Junior Lifesaving Championships – Day 3

Sunday 10 March 2023

High tide: 2:13am – 1.05m | Low tide: 9:20am – 0.48m | High tide: 1:34pm – 0.66m | Low tide: 7:41pm – 0.31m
 8:30am warm-up / 8:45am Marshalling / 9:00am Start

March Past, 7:45am Marshalling, 8:00am Start – including U13 medal presentations.

U9	U10	U11	U12	U13
Wade relay H-SF	Wade relay H-SF	Wade relay H-SF	Board Rescue F	Board rescue F
Surf Teams H-SF	Surf Teams H-SF	Surf Teams H-SF	Surf Teams H-SF	Surf Teams H-SF
Board Relay H - SF	Board Relay H - SF	Board Relay H - SF	Board Relay H - SF	Board Relay H - SF
Wade relay F	Aqua Cam H-SF	Aqua Cam H-SF	Aqua Cam H-SF	Aqua Cam H-SF
Surf Teams F	Wade relay F	Wade relay F		
Board relay F	Surf Teams F	Surf Teams F	Surf Teams F	Surf Teams F
	Board relay F	Board relay F	Board relay F	Board relay F
	Aqua Cam F	Aqua Cam F	Aqua Cam F	Aqua Cam F

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