

Victorian Masters Lifesaving Championships – Lorne SLSC

Saturday 1 February 2025 Day 1

Low tide: 8:30am – 0.99m | High tide: 2:42pm – 2.08m

9:00am Marshalling / 9:15am Start

Water Area 1 Female All Age Groups (30-75+)	Water Area 1 Male All Age Groups (30-75+)	Masters Surfboats
30-34 Female Ski Race	30-34 Male Surf Race	
35-39 Female Ski Race	35-39 Male Surf Race	140+ Men's
40-44 Female Ski Race	40-44 Male Surf Race	140+ Women's
45-49 Female Ski Race	45-49 Male Surf Race	160+ Men's
50-54 Female Ski Race	50-54 Male Surf Race	160+ Women's
55-59 Female Ski Race	55-59 Male Surf Race	180+ Men's
60-64 Female Ski Race	60-64 Male Surf Race	180+ Women's
65-69 Female Ski Race	65-69 Male Surf Race	200+ Men's
70-74 Female Ski Race	70-74 Male Surf Race	200+ Women's
75+ Female Ski Race	75+ Male Surf Race	220+ Men's
		220+ Women's
30-34 Female Surf Race	30-34 Male Board Race	240+ Men's
35-39 Female Surf Race	35-39 Male Board Race	240+ Women's
40-44 Female Surf Race	40-44 Male Board Race	260+ Men's
45-49 Female Surf Race	45-49 Male Board Race	260+ Women's
50-54 Female Surf Race	50-54 Male Board Race	
55-59 Female Surf Race	55-59 Male Board Race	
60-64 Female Surf Race	60-64 Male Board Race	
65-69 Female Surf Race	65-69 Male Board Race	
70-74 Female Surf Race	70-74 Male Board Race	
75+ Female Surf Race	75+ Male Board Race	
30-34 Female Board Race	30-34 Male Ski Race	
35-39 Female Board Race	35-39 Male Ski Race	
40-44 Female Board Race	40-44 Male Ski Race	
45-49 Female Board Race	45-49 Male Ski Race	
50-54 Female Board Race	50-54 Male Ski Race	

Water Area 1 Female All Age Groups (30-75+)	Water Area 1 Male All Age Groups (30-75+)
55-59 Female Board Race 60-64 Female Board Race 65-69 Female Board Race 70-74 Female Board Race 75+ Female Board Race	55-59 Male Ski Race 60-64 Male Ski Race 65-69 Male Ski Race 70-74 Male Ski Race 75+ Male Ski Race
30-34 Female Iron 35-39 Female Iron 40-44 Female Iron 45-49 Female Iron 50-54 Female Iron 55-59 Female Iron 60-64 Female Iron 65-69 Female Iron 70-74 Female Iron 75+ Female Iron	30-34 Male Board Rescue 35-39 Male Board Rescue 40-44 Male Board Rescue 45-49 Male Board Rescue 50-54 Male Board Rescue 55-59 Male Board Rescue 60-64 Male Board Rescue 65-69 Male Board Rescue 70-74 Male Board Rescue 75+ Male Board Rescue
30-34 Female Board Rescue 35-39 Female Board Rescue 40-44 Female Board Rescue 45-49 Female Board Rescue 50-54 Female Board Rescue 55-59 Female Board Rescue 60-64 Female Board Rescue 65-69 Female Board Rescue 70-74 Female Board Rescue 75+ Female Board Rescue	30-34 Male Iron 35-39 Male Iron 40-44 Male Iron 45-49 Male Iron 50-54 Male Iron 55-59 Male Iron 60-64 Male Iron 65-69 Male Iron 70-74 Male Iron 75+ Male Iron

Water Area 1 Female All Age Groups (30-75+)	Water Area 1 Male All Age Groups (30-75+)
110+ Female Surf Teams (3)	110+ Male Board Relay (3)
130+ Female Surf Teams (3)	130+ Male Board Relay (3)
150+ Female Surf Teams (3)	150+ Male Board Relay (3)
170+ Female Surf Teams (3)	170+ Male Board Relay (3)
110+ Female Board Relay (3)	110+ Male Ski Relay (3)
130+ Female Board Relay (3)	130+ Male Ski Relay (3)
150+ Female Board Relay (3)	150+ Male Ski Relay (3)
170+ Female Board Relay (3)	170+ Male Ski Relay (3)
110+ Female Ski Relay (3)	110+ Male Surf Teams (3)
130+ Female Ski Relay (3)	130+ Male Surf Teams (3)
150+ Female Ski Relay (3)	150+ Male Surf Teams (3)
170+ Female Ski Relay (3)	170+ Male Surf Teams (3)
30-34 Female Double Ski (2)	110+ Male Taplin (3)
35-39 Female Double Ski (2)	130+ Male Taplin (3)
40-44 Female Double Ski (2)	150+ Male Taplin (3)
45-49 Female Double Ski (2)	170+ Male Taplin (3)
50-54 Female Double Ski (2)	30-34 Male Double Ski (2)
55-59 Female Double Ski (2)	35-39 Male Double Ski (2)
60-64 Female Double Ski (2)	40-44 Male Double Ski (2)
65-69 Female Double Ski (2)	45-49 Male Double Ski (2)
70-74 Female Double Ski (2)	50-54 Male Double Ski (2)
75+ Female Double Ski (2)	55-59 Male Double Ski (2)
110+ Female Taplin (3)	60-64 Male Double Ski (2)
130+ Female Taplin (3)	65-69 Male Double Ski (2)
150+ Female Taplin (3)	70-74 Male Double Ski (2)
170+ Female Taplin (3)	75+ Male Double Ski (2)

Please note:

- This is the planned order of events for each area, but it may change at any time and is dependent on area availability / conditions.
- Age groups may be separated by gender.
- Age Groups (e.g., 30 – 44) cannot compete in another age category competition area.
- Athletes cannot move up or down age groups
- Team events may run simultaneously.
- Age groups may not progress to the next event until the other age groups are finished that team event.
- Due to time constraints and weather conditions, events may be modified or cancelled at the Referees' discretion.
- Time limits on each race may be applied.
- All events will run from Heats to Finals.
- All events will be held in accordance with the [SLSA Surf Sport Manual 37th Edition \(Revised July 2024\)](#) as well as any relevant SLSA Circulars plus the LSV Local Rules as described in the 2024/2025 Team Managers and Officials Handbook.

Victorian Masters Lifesaving Championships – Lorne SLSC

Sunday 2 February 2025 Day 2, Beach Events

Low tide: 9.09am – 0.79m | High tide: 3:31pm – 2.21m

9:00am Marshalling / 9:15am Start

Female All Age Groups (30-75+)	Male All Age Groups (30-75+)
30-59 2km Female Long Run	30-59 2km Male Long Run
60-75 1km Female Long Run	60-75 1km Male Long Run
30-34 Female Beach Flags	30-34 Male Beach Flags
35-39 Female Beach Flags	35-39 Male Beach Flags
40-44 Female Beach Flags	40-44 Male Beach Flags
45-49 Female Beach Flags	45-49 Male Beach Flags
50-54 Female Beach Flags	50-54 Male Beach Flags
55-59 Female Beach Flags	55-59 Male Beach Flags
60-64 Female Beach Flags	60-64 Male Beach Flags
65-69 Female Beach Flags	65-69 Male Beach Flags
70-74 Female Beach Flags	70-74 Male Beach Flags
75+ Female Beach Flags	75+ Male Beach Flags
30-34 Female Beach Sprint	30-34 Male Beach Sprint
35-39 Female Beach Sprint	35-39 Male Beach Sprint
40-44 Female Beach Sprint	40-44 Male Beach Sprint
45-49 Female Beach Sprint	45-49 Male Beach Sprint
50-54 Female Beach Sprint	50-54 Male Beach Sprint
55-59 Female Beach Sprint	55-59 Male Beach Sprint
60-64 Female Beach Sprint	60-64 Male Beach Sprint
65-69 Female Beach Sprint	65-69 Male Beach Sprint
70-74 Female Beach Sprint	70-74 Male Beach Sprint
75+ Female Beach Sprint	75+ Male Beach Sprint
140 Female Beach Relay	140 Male Beach Relay
170 Female Beach Relay	170 Male Beach Relay
230 Female Beach Relay	230 Male Beach Relay
30-59 Female Belt & Reel	30-59 Male Belt & Reel
60-75 Female Belt & Reel	60-75 Male Belt & Reel

Please note:

- This is the planned order of events for each area, but it may change at any time and is dependent on area availability / conditions.
- Age groups may be separated by gender.
- Age Groups (e.g., 30 – 44) cannot compete in another age category competition area.
- Athletes cannot move up or down age groups.
- Team events may run simultaneously.
- Age groups may not progress to the next event until the other age groups are finished that team event.
- Due to time constraints and weather conditions, events may be modified or cancelled at the Referees' discretion.
- Time limits on each race may be applied.
- All events will run from Heats to Finals.
- All events will be held in accordance with the [SLSA Surf Sport Manual 37th Edition \(Revised July 2024\)](#) as well as any relevant SLSA Circulars plus the LSV Local Rules as described in the 2024/2025 Team Managers and Officials Handbook.