# Circular 317.05.24



To: Presidents Treasurers

Secretaries Club Captains Lifesavers Lifeguards

From: Lifesaving Services

**Date:** 22 May 2024

Action: Expressions of Interest close on Sunday 16 June 2024

# **Advanced lifesaving camp**

Life Saving Victoria (LSV) is now inviting applications from members who wish to attend the 2024 Advanced Lifesaving Camp.

## Overview of Advance Lifesaving Camp

Advanced Lifesaving Camp (ALC) is designed to enhance the training and development of Lifesavers and Lifeguard recruits. With a strong focus on high performance, ALC combines practical learning with specialised theory to advance the skill set of all participants.

The program utilises both classroom-based learning, and on-site practical learning across several coastal locations, giving lifesavers and potential lifeguards exposure to various waterways with unique risk profiles. The aim is to ensure that LSV members have the knowledge and skills to apply across the diverse waterways in Victoria.

The program is run by a team of experienced lifesavers and lifeguards as well as guest presenters from medical expertise and other emergency services.

An information pack will be sent out to selected candidates regarding the Advanced Lifesaving Camp details and prerequisite award expectations. For any queries regarding the Advanced Lifesaving Camp, please contact the Lifesaving Services Team.

This year LSV will be running one Advanced Lifesaving Camp as outlined below:

DATE: Monday 23 September – Friday 27 September 2024

**LOCATION:** Anglesea Discovery Camp

**COST**: \$600

Sponsorship pathways are available, please refer to the application to provide your interest, otherwise please contact <a href="mailto:ops.training@lsv.com.au">ops.training@lsv.com.au</a> for further information.



## Pre - Requisites for Camp:

- Minimum age is 17 years as of the first date of the camp
- Bronze Medallion
- Provide Cardiopulmonary Resuscitation (HLTAID009)
- Provide First Aid (HLTAID011)
- Provide Advanced Resuscitation (HLTAID015)
- Letter of endorsement from club to be sourced by LSV at close of application

#### **HIGHLY DESIRABLE:**

- Strong patrolling history
- IRB Crew/Driver
- Silver Medallion Patrol Captain
  \*Please note, Silver Medallion Patrol Captain award will not be run on the camp\*

#### Information - Gold Medallion Award

Candidates will have the opportunity to gain their Gold Medallion during the camp. To gain the Gold Medallion, candidates must have the below Pre – Requisites;

- Minimum age of 17 years.
- Bronze Medallion
- Provide Cardiopulmonary Resuscitation (HLTAID009)
- Provide First Aid (HLTAID011)
- Provide Advanced Resuscitation (HLTAID015)
- Silver Medallion Patrol Captain

Including to complete the following assessment tasks;

- Swim 800m in a time of 14 minutes or less
- Complete a "Mission" (400m Swim, 800m Run, 400m Board Paddle, 800m Run), In 25 minutes or less
- Board rescue at 200m
- Tube rescue at 100m
- Complex scenario
- Complete theory-based questions

Participants are encouraged to train towards this goal prior to attending ALC, as an opportunity to complete both the 800m swim and mission will be provided during the camp. Whilst highly desirable, a time greater than 14 minutes for the swim, and 25 minutes for the mission will not preclude you from participating in the program.

\*Please note, lifeguard recruits must complete the 800m swim and successfully pass the mission to gain employment.

LSV will work with clubs to provide opportunities to gain any prerequisite awards required prior to camp. Candidates will not be able to attend the camp unless they are proficient in the prerequisite awards and have reached the minimum age.



#### **Application process:**

To apply for the Advanced Lifesaving Camp, the following application process should be followed:

- Interested candidates should speak to their club about applying.
- Upon application, clubs will be contacted and asked to provide a written club endorsement, in support of the application.
- Applications will be assessed on an individual basis and candidates will be notified of the outcome via email.

### **Click here to apply**

\*\*Due to the high number of applications, your application will be assessed on its completion and inclusion of all required documents and fields.

Applications close: Sunday 16th of June 2024

Those wishing to gain first time employment as a seasonal lifeguard and/or event lifeguard for the 2024/2025 lifeguard period are strongly encouraged to attend the camp and attain the necessary advanced training and qualifications.

# Mandatory - parent/guardian information session

LSV invites parent and guardians of successful candidates to attend a mandatory online information session. This session will cover off expectations of the camp and seasonal lifeguard recruitment. This session will be conducted on the 6<sup>th</sup> of August at 6pm via an online link.

# **Expected timeline**

| Candidate Circular to be released  | 22 May                       |
|------------------------------------|------------------------------|
| Candidate EOI's Close              | 16 June                      |
| Candidates Notified                | 17 July                      |
| Parent Briefing                    | 6 August                     |
| All Pre-Requisites to be completed | 1 September                  |
| Advance Lifesaving Camp            | 23 September to 27 September |

### Cancellation fee

Please note: If you withdraw your application with two weeks notice prior to the camp taking place, you will incur 50% of the total cost; if your application is withdrawn with less than 2 weeks' notice 100% of the cost will be incurred.

For additional details on this circular please contact:

Lifesaving Services on 03 9676 6900 or email ops.training@lsv.com.au