

Victorian Masters Lifesaving Championships – Lorne SLSC

Saturday 10 February 2024 Day 1

Low tide: 6:11am – 1.39m | High tide: 12:05pm – 1.82m

8:30am Marshalling / 8:45am Start

Water Area 1 Female All Age Groups (30-75+)	Water Area 1 Male All Age Groups (30-75+)	Champion Lifesaver	Masters Surfboats
30-34 Female Ski Race 35-39 Female Ski Race 40-44 Female Ski Race 45-49 Female Ski Race 50-54 Female Ski Race 55-59 Female Ski Race 60-64 Female Ski Race 65-69 Female Ski Race 70-74 Female Ski Race 75+ Female Ski Race	30-34 Male Surf Race 35-39 Male Surf Race 40-44 Male Surf Race 45-49 Male Surf Race 50-54 Male Surf Race 55-59 Male Surf Race 60-64 Male Surf Race 65-69 Male Surf Race 70-74 Male Surf Race 75+ Male Surf Race	U14 Female U14 Male U15 Female U15 Male U17 Female U17 Male U19 Female U19 Male 30-39 Female 30-39 Male 40+ Female 40+ Male Open Female Open Male	140+ Men's 140+ Women's 160+ Men's 160+ Women's 180+ Men's 180+ Women's 200+ Men's 200+ Women's 220+ Men's 220+ Women's 240+ Men's 240+ Women's 260+ Men's 260+ Women's
30-34 Female Surf Race 35-39 Female Surf Race 40-44 Female Surf Race 45-49 Female Surf Race 50-54 Female Surf Race 55-59 Female Surf Race 60-64 Female Surf Race 65-69 Female Surf Race 70-74 Female Surf Race 75+ Female Surf Race	30-34 Male Board Race 35-39 Male Board Race 40-44 Male Board Race 45-49 Male Board Race 50-54 Male Board Race 55-59 Male Board Race 60-64 Male Board Race 65-69 Male Board Race 70-74 Male Board Race 75+ Male Board Race	Water area will become the overflow for the mens area	
30-34 Female Board Race 35-39 Female Board Race 40-44 Female Board Race 45-49 Female Board Race 50-54 Female Board Race	30-34 Male Ski Race 35-39 Male Ski Race 40-44 Male Ski Race 45-49 Male Ski Race 50-54 Male Ski Race		

Water Area 1 Female All Age Groups (30-75+)	Water Area 1 Male All Age Groups (30-75+)	Champion Lifesaver	Masters Surfboats
55-59 Female Board Race 60-64 Female Board Race 65-69 Female Board Race 70-74 Female Board Race 75+ Female Board Race 30-34 Female Iron 35-39 Female Iron 40-44 Female Iron 45-49 Female Iron 50-54 Female Iron 55-59 Female Iron 60-64 Female Iron 65-69 Female Iron 70-74 Female Iron 75+ Female Iron 30-34 Female Board Rescue 35-39 Female Board Rescue 40-44 Female Board Rescue 45-49 Female Board Rescue 50-54 Female Board Rescue 55-59 Female Board Rescue 60-64 Female Board Rescue 65-69 Female Board Rescue 70-74 Female Board Rescue 75+ Female Board Rescue	55-59 Male Ski Race 60-64 Male Ski Race 65-69 Male Ski Race 70-74 Male Ski Race 75+ Male Ski Race 30-34 Male Board Rescue 35-39 Male Board Rescue 40-44 Male Board Rescue 45-49 Male Board Rescue 50-54 Male Board Rescue 55-59 Male Board Rescue 60-64 Male Board Rescue 65-69 Male Board Rescue 70-74 Male Board Rescue 75+ Male Board Rescue 30-34 Male Iron 35-39 Male Iron 40-44 Male Iron 45-49 Male Iron 50-54 Male Iron 55-59 Male Iron 60-64 Male Iron 65-69 Male Iron 70-74 Male Iron 75+ Male Iron		

Water Area 1 Female All Age Groups (30-75+)	Water Area 1 Male All Age Groups (30-75+)	Champion Lifesaver	Masters Surfboats
110+ Female Surf Teams (3) 130+ Female Surf Teams (3) 150+ Female Surf Teams (3) 170+ Female Surf Teams (3)	110+ Male Board Relay (3) 130+ Male Board Relay (3) 150+ Male Board Relay (3) 170+ Male Board Relay (3)		
110+ Female Board Relay (3) 130+ Female Board Relay (3) 150+ Female Board Relay (3) 170+ Female Board Relay (3)	110+ Male Ski Relay (3) 130+ Male Ski Relay (3) 150+ Male Ski Relay (3) 170+ Male Ski Relay (3)		
110+ Female Ski Relay (3) 130+ Female Ski Relay (3) 150+ Female Ski Relay (3) 170+ Female Ski Relay (3)	110+ Male Surf Teams (3) 130+ Male Surf Teams (3) 150+ Male Surf Teams (3) 170+ Male Surf Teams (3)		
30-34 Female Double Ski (2) 35-39 Female Double Ski (2) 40-44 Female Double Ski (2) 45-49 Female Double Ski (2) 50-54 Female Double Ski (2) 55-59 Female Double Ski (2) 60-64 Female Double Ski (2) 65-69 Female Double Ski (2) 70-74 Female Double Ski (2) 75+ Female Double Ski (2)	110+ Male Taplin (3) 130+ Male Taplin (3) 150+ Male Taplin (3) 170+ Male Taplin (3)		
110+ Female Taplin (3) 130+ Female Taplin (3) 150+ Female Taplin (3) 170+ Female Taplin (3)	30-34 Male Double Ski (2) 35-39 Male Double Ski (2) 40-44 Male Double Ski (2) 45-49 Male Double Ski (2) 50-54 Male Double Ski (2) 55-59 Male Double Ski (2) 60-64 Male Double Ski (2) 65-69 Male Double Ski (2) 70-74 Male Double Ski (2) 75+ Male Double Ski (2)		

Please note:

- This is the planned order of events for each area, but it may change at any time and is dependent on area availability / conditions.
- Age groups may be separated by gender.
- Age Groups (e.g., 30 – 44) cannot compete in another age category competition area.
- Athletes cannot move up or down age groups
- Team events may run simultaneously.
- Age groups may not progress to the next event until the other age groups are finished that team event.
- Due to time constraints and weather conditions, events may be modified or cancelled at the Referees' discretion.
- Time limits on each race may be applied.
- All events will run from Heats to Finals.
- All events will be held in accordance with the SLSA Surf Sports Manual 37th Edition (revised August 2022) as well as any relevant SLSA Circulars plus the LSV Local Rules as described in the 2023 / 2024 Team Managers and Officials Handbook.

Victorian Masters Lifesaving Championships – Lorne SLSC

Sunday 11 February 2024 Day 2, Beach Events

Low tide: 7:14am – 1.19m | High tide: 1:20pm – 1.97m

8:30am Marshalling / 8:45am Start

Female All Age Groups (30-75+)	Male All Age Groups (30-75+)
30-59 2km Female Long Run	30-59 2km Male Long Run
60-75 1km Female Long Run	60-75 1km Male Long Run
30-34 Female Beach Flags	30-34 Male Beach Flags
35-39 Female Beach Flags	35-39 Male Beach Flags
40-44 Female Beach Flags	40-44 Male Beach Flags
45-49 Female Beach Flags	45-49 Male Beach Flags
50-54 Female Beach Flags	50-54 Male Beach Flags
55-59 Female Beach Flags	55-59 Male Beach Flags
60-64 Female Beach Flags	60-64 Male Beach Flags
65-69 Female Beach Flags	65-69 Male Beach Flags
70-74 Female Beach Flags	70-74 Male Beach Flags
75+ Female Beach Flags	75+ Male Beach Flags
30-34 Female Beach Sprint	30-34 Male Beach Sprint
35-39 Female Beach Sprint	35-39 Male Beach Sprint
40-44 Female Beach Sprint	40-44 Male Beach Sprint
45-49 Female Beach Sprint	45-49 Male Beach Sprint
50-54 Female Beach Sprint	50-54 Male Beach Sprint
55-59 Female Beach Sprint	55-59 Male Beach Sprint
60-64 Female Beach Sprint	60-64 Male Beach Sprint
65-69 Female Beach Sprint	65-69 Male Beach Sprint
70-74 Female Beach Sprint	70-74 Male Beach Sprint
75+ Female Beach Sprint	75+ Male Beach Sprint
140 Female Beach Relay	140 Male Beach Relay
170 Female Beach Relay	170 Male Beach Relay
230 Female Beach Relay	230 Male Beach Relay
30-59 Female Belt & Reel	30-59 Male Belt & Reel
60-75 Female Belt & Reel	60-75 Male Belt & Reel

Please note:

- This is the planned order of events for each area, but it may change at any time and is dependent on area availability / conditions.
- Age groups may be separated by gender.
- Age Groups (e.g., 30 – 44) cannot compete in another age category competition area.
- Athletes cannot move up or down age groups.
- Team events may run simultaneously.
- Age groups may not progress to the next event until the other age groups are finished that team event.
- Due to time constraints and weather conditions, events may be modified or cancelled at the Referees' discretion.
- Time limits on each race may be applied.
- All events will run from Heats to Finals.
- All events will be held in accordance with the SLSA Surf Sports Manual 37th Edition (revised August 2022) as well as any relevant SLSA Circulars plus the LSV Local Rules as described in the 2023 / 2024 Team Managers and Officials Handbook.